

Pricing for 1-on-1 Coaching with Eleanor

Includes:

- 2-hour consultation at the beginning of the first month to assess needs and set up a plan of action.
- 2 additional coaching calls that month for accountability and to handle any issues that come up (1 hour each).
- 3 hours of coaching calls per month for all subsequent months.
- Goal sheets to be prepared and delivered by Eleanor after each coaching session.
- Email and short phone support as other questions come up between sessions

Investment:

Month to Month \$500 per month

3 Month Package 1 Payment of \$1,350 (a 10% reduction)

6 Month Package 1 Payment of \$2,550 (a 15% reduction)

Payment Methods:

- Check payable to Eleanor Southers. Mail to: 1362 Pacific Blvd. #216, Santa Cruz, CA 95060.
- Credit Card (any) or Pay Pal made to Pay Pal (www.paypal.com) using the email of esouthers@aol.com to go to account.