

## 1-on-1 Coaching with Eleanor

### Includes:

- 2-hour consultation at the beginning of the first month to assess needs and set up a plan of action.
- 2 additional coaching calls that month for accountability and to handle any issues that come up (1 hour each).
- 3 hours of coaching calls per month for all subsequent months.
- Goal sheets to be prepared and delivered by Eleanor after each coaching session.
- Email and short phone support as other questions come up between sessions

### Investment:

|                 |  |
|-----------------|--|
| Month-to-Month  | \$900 per month                        |
| 3 Month Package | 1 payment of \$2,160 (a 20% reduction) |
| 6 Month Package | 1 payment of \$3,780 (a 30% reduction) |